

The book was found

The First Step: A Competitive Guide To Ballroom Dancing



Synopsis

Although there are many methods and approaches to beginning the path of becoming a serious ballroom dance competitor, this book goes into one possible approach to dancing and attaining a high level in ballroom dance. If you're new to ballroom dance or even looking for a new approach to upping your level and competitive abilities, this book is perfect for you. It covers basic elements such as terms and lingo and explains how to take your competitive dancing to the next level. This book covers topics including the tryout process, establishing and creating your partnership, effective practice methods, and a strategic journal to help keep you focused and on track. If this wasn't enough, it also includes strategies to improve your dancing at the fastest pace possible.

Book Information

Paperback: 270 pages

Publisher: CreateSpace Independent Publishing Platform (May 3, 2017)

Language: English

ISBN-10: 1546317007

ISBN-13: 978-1546317005

Product Dimensions: 5.5 x 0.6 x 8.5 inches

Shipping Weight: 14.6 ounces (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #964,572 in Books (See Top 100 in Books) #18 in [Books > Arts & Photography > Performing Arts > Dance > Ballroom](#) #76330 in [Books > Humor & Entertainment](#)

Customer Reviews

Michael has been dancing since he was five years old and has been teaching for over 25 years. He is a registered and certified ballroom Adjudicator and an Examiner. As an amateur Michael won numerous events in Latin, Standard and Ten Dance. He has two US Swing titles and while competing professionally with his wife, he was a U.S. Professional Ten Dance finalist and a regular finalist in Professional Rising Star Latin and Standard. During his time competing as a professional, Michael was one of the top teachers in the United States winning multiple top teacher awards. Michael received a bachelor's degree from Brigham Young University where he also earned a scholarship to be part of their prestigious Ballroom Dance company. Michael has a love for working with people and helping them to attain their goals and overcome life challenges. Through the years he has studied and been certified in life coaching as well as becoming a certified NLP master

practitioner. Michael has a long track record of training wonderful dancers to attain their peak and maximize their capabilities. He coaches youth, amateurs and professionals in Latin, Standard and Smooth and has been privileged to train numerous top smooth professionals as well as four out of the last five amateur smooth champions.

[Download to continue reading...](#)

Ballroom Dancing: The Complete Guide to Ballroom Dance Lessons, Ballroom Dance Wedding and More Ballroom Dancing: Master The Art of Ballroom Dancing Ballroom Dancing: Proven Tips, Tools and Tactics To Ballroom Dancing The First Step: A Competitive Guide to Ballroom Dancing The ULTIMATE Guide To Ballroom Dancing for Colleges and Universities: A Ballroom Dancers SECRET FORMULA The ULTIMATE Guide To Ballroom Dancing for Colleges and Universities: A Ballroom Dancers SECRET FORMULA To Prepare For ANY Competition, Get NOTICED On ... More Awards Than You Ever Thought Possible Ballroom Dancing: Get on the Floor with Four Classic Ballroom Dances - and Add a Touch of Flowmotion Magic Picture Yourself Dancing: Step-by-Step Instruction for Ballroom, Latin, Country, and More Ballroom Dancing Step-By-Step: Learn To Waltz, Quickstep, Foxtrot, Tango And Jive In Over 400 Easy-To-Follow Photographs And Diagrams Swing Dancing: Put on Your Dancing Shoes and Get With Hip-Swinging, Toe-Tapping Swing Dancing The Ballroom Dancer's Companion - American Smooth: A Study Guide & Notebook for Lovers of Ballroom Dance (Volume 1) The Ballroom Dancer's Companion - American Rhythm: A Study Guide & Notebook for Lovers of Ballroom Dance (Volume 2) The Ballroom Dancer's Companion - International Latin: A Study Guide & Notebook for Lovers of Ballroom Dance (Volume 4) The Ballroom Dancer's Companion - Int'l Standard: A Study Guide & Notebook for Lovers of Ballroom Dance (Volume 3) Dance To Your Maximum: The Competitive Ballroom Dancer's Workbook Ballroom!: Obsession and Passion inside the World of Competitive Dance Every Man's Survival Guide to Ballroom Dancing: Ace Your Wedding Dance and Keep Cool on a Cruise, at a Formal, and in Dance Classes The Complete Idiot's Guide to Ballroom Dancing Shall We Dance: A Beginner's Guide to Ballroom Dancing The Pocket Guide to Ballroom Dancing

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)